

“Breathe”

MICHELLE CALDER

Breathe the salty air
Fill up your lungs
Until you feel all there

Raise your chin to the sky
Surrender the moment
Let the hours pass you by

The waves lap the shore
You've never needed more than to

Breathe the living air
Fill up your soul
Until you find it there

Raise your heart to the sky
As love overflows, eyelashes to toes
Tides creep on by

The waves fade from shore
Still you need no more than to

Breathe
Breathe
Breathe
Just Breathe